

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
9h45 (45mn) AquaGYM	10h15 (45mn) AQUABODYBIKE	10h10 (45mn) AQUABODYBIKE	9h45 (45mn) AQUABIKE FREESTYLE	10h00 (45mn) AQUABODYBIKE	9h45 (45mn) AQUABODYBIKE	9h45 (45mn) AquaGYM
11h00 (45mn) AquaGYM			11h00 (45mn) AquaGYM	11h15 (45mn) AQUABODYBIKE	10h45 (45mn) AQUABODYBIKE	10h45 (45mn) AquaTonic
14h30 (45mn) AquaTonic	12h30 (45mn) AQUABODYBIKE	12h30 (45mn) AQUABODYBIKE	12h30 (45mn) AquaTABATA	12h30 (45mn) AQUABODYBIKE	11h45 (45mn) AQUABODYBIKE	11h45 (45mn) AquaTonic
			15h00 (45mn) AquaTonic			
17h15 (45mn) AquaGYM	17h00 (45mn) AQUABODYBIKE	17h00 (45mn) AQUABODYBIKE	17h00 (45mn) AQUABODYBIKE	17h00 (45mn) AQUABODYBIKE	17h00 (45mn) AQUABODYBIKE	
18h10 (45mn) AquaTABATA	18h10 (45mn) AQUABODYBIKE	18h10 (45mn) AQUABODYBIKE	18h10 (45mn) AQUABODYBIKE	18h10 (45mn) AQUABODYBIKE	18h10 (45mn) AQUABODYBIKE	
19h00 (45mn) AquaTonic	19h20 (45mn) AQUABIKE FREESTYLE	19h20 (45mn) AQUABODYBIKE	19h20 (45mn) AQUABIKE FREESTYLE	19h20 (45mn) AQUABODYBIKE	19h20 (45mn) AQUABODYBIKE	
20h00 (45mn) AQUABODYBIKE	20h15 (45mn) AQUABIKE FREESTYLE	20h15 (45mn) AQUABODYBIKE	20h15 (45mn) AQUABIKE FREESTYLE			

PLANNING

LA NORVILLE

AQUA

Sept 2023



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